Homemade Beef Wonton Soup: A Warm and Comforting Classic

Nothing beats a comforting bowl of beef wonton soup on a cold day. This simple yet satisfying recipe, featuring Nutrafarms' premium grass-fed ground beef, delivers rich flavour and a cozy meal perfect for any night of the week.

Ingredients You'll Need:

For the Marinade:

- 1 lb Nutrafarms grass-fed ground beef
- 3/4 cup minced carrot
- 3 eggs
- Salt, sugar, soy sauce, sesame oil (to taste)
- Wonton wrappers
- Stock mix
- Dried seaweed



Instructions:

1. Prepare the Filling:

In a mixing bowl, combine Nutrafarms grass-fed ground beef, minced carrot, and two eggs. Add a dash of cooking wine, salt, sugar, soy sauce, and sesame oil to taste. Massage the mixture thoroughly to combine all the flavours.

2. Wrap the Wontons:

Spoon a small amount of the beef mixture into each wonton wrapper. Fold and seal the wontons, making sure there are no air pockets. This recipe is perfect for making in bulk — freeze any leftovers for a quick meal on busy nights!

3. Boil the Wontons:

Bring a pot of water to a boil. Add the wontons and cook until they float to the surface, about 4-5 minutes. Once cooked, remove the wontons with a slotted spoon and set them aside.

4. Make the Soup:

In a separate pot, reserve the boiling water and add stock mix to taste. Stir in dried seaweed for an extra layer of umami. Whisk the remaining egg and drizzle it into the hot soup to create delicate egg ribbons.

5. Serve and Enjoy:

Place the cooked wontons in a bowl and pour the hot soup over them. Garnish with a sprinkle of seaweed or fresh herbs if desired. This dish is the ultimate cozy meal for chilly days.



Why Choose Grass-Fed Ground Beef?

Nutrafarms' grass-fed ground beef is a superior choice for both taste and nutrition. Grass-fed beef is higher in omega-3 fatty acids, vitamins, and antioxidants compared to conventional grain-fed beef. Raised without antibiotics or added hormones, Nutrafarms' cattle enjoy a natural, healthy diet that results in beef with a rich, clean flavour. You can feel good knowing your meal supports ethical, sustainable farming practices.

Learn more about Nutrafarms' grass-fed beef here.

Final Thoughts

Homemade beef wonton soup is a versatile, heartwarming dish that brings comfort to your table. With Nutrafarms' high-quality grass-fed ground beef, this classic soup becomes a nutritious and satisfying meal you can enjoy any time. Whether you're warming up on a chilly night or looking for a simple, delicious dinner, this beef wonton soup hits the spot every time.



